Wonderland Day Nursery Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Breakfast is served between 7.30-8.00- A choice of cereals and a drink.				
Snack with milk	Pear	Breadstick	Apple	Toast	Banana
Lunch	Roast Chicken, 2 seasonal veg & Yorkshire pudding	Spaghetti Bolognaise (Beef, mushrooms tomatoes)	Beef and Sweet Potato Stew with Brown and White Rice	White Fish and Broccoli Pasta Bake with sweetcorn	Chilli mince with rice
Vegetarian	Quorn Roast	Quorn spaghetti bolognaise	Quorn and Sweet Potato Stew with Rice	Vegetable and Bean Pasta Bake	Quorn mince with rice
Pudding	Ice cream in a cone with berry sauce	Natural yoghurt and berries	Chocolate cake with chocolate custard	Fresh fruit	Apricot and peach sorbet
Snack with milk	Crackers with pilchard pate on the side	Rice cake	Garlic bread	Melon	Satsuma
Tea	Selection of Sandwiches (Wholemeal bread) Vegetable sticks	Chicken & veg soup with savoury scone	Cowboy Hotpot with baked beans	Wrap with Chicken and Vegetables.	Macaroni Cheese with Peas
Vegetarian	As Above and including Quorn ham	Vegetable & lentil soup with scone	Veggie cowboy hotpot with baked beans	Veggie wrap.	As above
Pudding	Yoghurt	Fruit	Fresh fruit	Shortbread	Raisin cookie

Sugar added pudding. Vegetarian. Every day includes two portions of fruit and at least three portions of vegetables. Autumn/Winter Menu updated 07.09.2023